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Invited Review Article

Climate change and livestock reproductive health: Mechanisms, adaptation and mitigation strategies

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Abstract

The livestock sector is a critical contributor to global food security and economic growth, providing essential products such as meat, milk and fibres while supporting rural livelihoods. However, climate change poses significant challenges to this sector, including increased heat stress, altered rainfall patterns and reduced feed availability, negatively affecting animal productivity, reproduction and health. Particularly, all the reproductive parameters including follicular growth and development, induction of ovulation, estrus expression, endocrine status, luteolytic mechanism, conception rate, fetal and embryonic growth etc. in females and semen parameters in males are altered. It eventually impacts the productivity of the animals and results in economic loss for the farmer or producer. Implementation of appropriate mitigation strategies like housing and nutrition management, assisted reproductive technologies, hormonal interventions, selection of heat tolerant breeds and reduction of livestock origin greenhouse gases can ensure sustainable livestock production in this scenario.

Keywords: Climate change, Heat stress, Livestock reproduction and health, Mitigation strategies

Highlights

- The livestock sector is vital for food security and economic growth.
- Climate change creates challenges like heat stress and reduced feed quality.
- Heat stress affects reproduction, fertility, and overall livestock productivity.
- Adaptive strategies like genetic selection and better management can help.
- Sustainable practices are essential for long-term livestock productivity.

INTRODUCTION

The livestock sector is one of the most significant contributors globally, providing nutritional security and employment to a significant portion of the human population. The humans largely depend on domestic animals for several purposes, including meat, milk and other non-dairy products like eggs and fibres like wool or cashmere as well as other purposes such as transport, draft, and provision of fertilizers, particularly in rural and agricultural communities. It also contributes to global economies through trade, by-products and labour. However, the livestock sector faces mounting challenges from climate change, including an increase in worldwide air and ocean temperatures, leading to rising sea levels and widespread snow and ice cover reduction. As per the IPCC (Intergovernmental Panel on Climate Change) report, "Global warming is likely to reach 1.5°C between 2030 and 2052 if it continues to increase at the current rate" (IPCC, 2019). Livestock

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production in India and worldwide will need to adapt various challenges associated with climate change. This includes higher temperatures, shifts in rainfall patterns, increased incidence of heat waves etc. The effects of climate change on livestock production systems include food resource/crop scarcity, increased heat stress and altered disease dynamics. Whenever the temperature or other parameters are higher or lower than the threshold value for peak production, the production efficiency of livestock is greatly compromised (Baumgard *et al*., 2012). The impacts of global climate changes on livestock production are direct and indirect. The indirect impact includes quality and availability of feed and forages and animal diseases, whereas heat stress directly impacts livestock, increasing their morbidity and mortality. The homeorhetic mechanism of body prioritizes the needs of the body and mobilizes the available nutrients of animal body for maintaining homeostasis, then synthesizes milk, meat and foetus, and

then towards animal health needs. Climate change increases the susceptibility of animals towards several other diseases. Heat stress leads to reduced feed intake, which affects both male and female reproductive physiology, ultimately affecting high quality semen and higher milk production (Khan *et al*., 2023). Heat stress also disrupts hormonal balance, impairing estrus cycles and reducing conception rates in females. In males, it compromises spermatogenesis, resulting in lower sperm motility and viability. These reproductive inefficiencies lead to decreased fertility rates, ultimately limiting the herd's productivity and profitability. So, it is evident that climate change may impart a significant economic burden on this sector, including small and large producers.

 In addition, the human population is also increasing specially in the tropical and subtropical areas of the globe (Hance, 2014), presenting us with the challenge of finding a balance between productivity, household food security, and environmental conservation (Wright *et al*., 2012). As per the World Population Prospects 2024 report, India's population will peak in the early 2060s to 1.7 billion (United Nations, 2024), and India is already the most populous country. To meet the demands of the increasing population along with challenging global and local climatic conditions with limited resources in terms of croplands and water, we need to expand livestock productivity in terms of milk, meat and other animal products. That's why, understanding the reproductive physiology through which heat stress affects animal performance is essential. This article briefly discusses the climatic factors affecting livestock, their effects on reproductive parameters, and adaptation and mitigation strategies.

Climatic factors affecting livestock

Temperature, humidity and solar radiation are the major environmental factors resulting heat stress to the animals. Solar radiation is again influenced by photoperiod and ozone layer depletion. Whereas wind speed and rainfall help to reduce these effects (Bohmanova *et al*., 2007). Temperature and relative humidity are generally considered the most substantial causative agents of heat stress and are often combined together in a thermal heat index (THI) (Dikmen *et al*., 2009). The climatic factors affecting livestock are as follows.

Extreme temperature and heat stress: Temperature fluctuations outside the optimal range for livestock can severely affect their physiological functions. Animals are homeotherms and they maintain a stable internal

body temperature. Exposure to extreme temperatures, especially high heat, disturbs the animals' physiology and affects both production and reproduction. One of the rising concerns for gradual temperature increase is global warming. It has been discussed separately in the next section of this article.

Humidity: Combined effect of high temperature and humidity increases the stress level increases. Animals struggle to combat heat stress through evaporative cooling mechanism as humidity hampers sweating and panting. That's why the temperature and humidity are considered together to measure the stress level in animals.

Drought and nutritional deficiencies: Drought and dietary deficiencies caused by climate change profoundly impact livestock by reducing water availability and limiting forage growth. Water scarcity leads to dehydration, heat stress, and reduced animal productivity, while diminished pastureland and forces farmers to rely on expensive or low-quality feed alternatives. Poor nutrition weakens animals' immune systems, reduces reproductive performance, and slows down growth rates. Additionally, long-term drought can damage land, reducing its future grazing potential and leading to overgrazing.

Environmental pollution: Environmental pollution exacerbated by climate change significantly impacts livestock by degrading essential resources critical for their health and productivity. Pollution from agricultural runoff, industrial waste, and atmospheric contaminants leads to toxic exposure, respiratory issues, and various animal diseases. This contamination also diminishes the nutritional quality of forage, exposing livestock to harmful chemicals that can accumulate in their bodies. As a result, animals experience weakened immune systems, lower reproductive efficiency, and increased disease susceptibility (Nkuruma, 2023).

Global warming and heat wave: Many of the changes observed in the climate are slow and may take hundreds or thousands of years to show effects, while many are already set in motion, such as global warming (IPCC, 2024). It is well known that the emission of greenhouse gases due to human activities is the major reason behind this increase in temperature. Interestingly, the effects are not the same in every place globally, and the warming over land is greater. The effects of global warming can be measured and witnessed grossly, such as a rise in sea level, decreased snow and ice surface coverage and increased frequency of hot days (Pasqui and Giuseppe, 2019). Due to these effects, the agricultural sector, including livestock, is going to be greatly affected and will be affected for a longer duration until some serious steps are taken. It is a matter of concern that common people, including livestock owners, are unaware of global warming and their impact on productivity. Though the effects of global warming are visible and are going to be more detrimental in the future, human actions still have the potential to decrease their consequences.

Reproductive physiology affected by climate change

Heat stress occurs when the animals are exposed to hot and humid environments and they are unable to adapt effectively. The physiological responses to regulate the body temperature are overwhelmed, resulting in decreased feed intake, milk production etc. The effect of heat stress on reproduction is more profound and persisting as it affects the hypothalamichypophyseal-gonadal (HPG) axis (Roth, 2017). Hence, the fertility of the animals may be affected for several weeks or months after the onset of stress. The overall effects of heat stress on the reproductive system of male and female animals are depicted in Fig. 1.

In the case of females, heat stress reduces the degree of dominance of the selected follicle, and there is also reduced steroidogenic activity of its theca and granulosa cells, resulting in a fall in blood estradiol level. The metabolic state of the animal and the nature of heat stress (acute/chronic) can increase or decrease the plasma progesterone levels (Khodaei-Motlagh *et al*., 2011). These endocrine changes diminish follicular activity and modify the ovulatory mechanism, leading to a decline in oocyte and embryo quality. The uterine environment is also altered, reducing the chance of embryo implantation.

At birth, the bovine ovary contains about 150,000 primordial follicles, each with an oocyte arrested at prophase I. Throughout the female's life, these follicles are recruited into a growing pool, which leads to the development of the preovulatory follicle. The development of primordial follicles in the preovulatory stage involves primary, secondary, early antral, and antral follicles. The primary and secondary follicles are gonadotropin-independent, and the recruitment is triggered by paracrine ovarian factors such as stem cell factor, epidermal growth factor, basic fibroblast growth factor, leukemia inhibitory factor, nerve growth factor,

Male Reproductive System

- Sperm concentration \downarrow
- Ejaculate vol \uparrow/\downarrow
- Mass activity \uparrow/\downarrow
- Live sperm $(\%) \downarrow$
- Abnormal sperm (%) 1
- Abnormal acrosome $(\%)$ \uparrow

Female Reproductive System

- Duration of estrus \downarrow
- \bullet Estrus expression \downarrow
- Estradiol concentration \downarrow
- Progesterone concentration ↑/↓
- Oocyte quality \downarrow
- Fertilization rate \downarrow
- Pregnancy rate $(\%) \downarrow$ \bullet
- Conception rate (%) \downarrow
- \bullet Embryo survival \downarrow
- Calving interval \uparrow

Fig. 1. Depiction of the overall effects of heat stress on reproductive system of male and female animals (Created in Biorender.com)

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Fig. 2. Diagram illustrating a stage-dependent pattern of resistance/sensitivity of the ovarian pool of follicles to heat stress. The primordial, primary, and secondary follicles are heat resistant, whereas the developing antral follicles, including the dominant and preovulatory follicles, are sensitive to heat exposure (Roth, 2017) (Created in Biorender.com)

etc. (Roth, 2017). Interestingly, the different follicular phases respond differently to heat stress. The primordial, primary and secondary follicles are heat resistant, whereas the developing antral follicles, including the dominant and preovulatory follicles are sensitive to heat exposure (Roth, 2017). The stage-dependent pattern of resistance/sensitivity of the ovarian pool of follicles to heat stress has been depicted in Fig. 2.

In case of bovine males, the testes and epididymis are located below the abdomen inside the scrotum to maintain a 4-5°C lower temperature. Several other mechanisms, including contraction/relaxation of the cremaster muscle, pampiniform plexus, scrotal

evaporation, etc, are also there for the thermoregulation of the testes. Maintaining the testicular temperature around 32°C is important for normal spermatogenesis, and high environmental temperature and humidity can interfere this process (Morrell, 2020). In different stages of spermatogenesis, the sperms are susceptible to heat stress. However, they are most vulnerable during the meiosis phase before DNA compaction occurs (Morrell, 2020). Under thermal stress, the sperm DNA becomes predisposed to ROS, and the animal's fertility is affected (Kastelic, 2013). The effect of heat stress on different reproductive parameters of male and female domestic animals are listed in Tables 1 and 2.

Parameters	Effects of heat stress	Species, Breed	Location	References
	↓	Cattle, Holstein	Louisiana, USA	Gangwar et al., 1965
Duration of estrus		Buffalo	India	Janakiraman, 1978
(hours)	↓	Sheep, Merino	Australia	Sawyer <i>et al.</i> , 1979
		Buffalo	India	Singh et al., 2000
Length of estrus cycle (Days)		Cattle, Holstein	Louisiana, USA	Gangwar et al., 1965
Estrus expression $(\%)$	↓	Cattle, Holstein	Louisiana, USA	Gangwar et al., 1965
	↓	Sheep, Merino	Australia	Sawyer et al., 1979
	↓	Buffalo, Murrah	India	Reddy et al., 1999
	↓	Buffalo	India	Singh et al., 2000
Blood estradiol concentration	↓	Cattle, Holstein	Florida, USA	Collier et al., 1982
	↓	Cattle	Iran	Khodaei-Motlagh et al., 2013
				Cont. Table 1.

Table 1. **Effects of heat stress on reproductive parameters of female animals**

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Table 1., Cont. ...

Cont. Table 1.

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Table 1., Cont. ...

Table 2. **Effects of heat stress on reproductive parameters of male animals**

Cont. Table 2.

Table 2., Cont. ...

NS- Non-significant, SP- Seminal plasma

Can livestock adapt to climate change?

Like other living organisms, animals also try to minimize the impact of environmental stress on their physiological systems. These responses are termed acclimation, acclimatization, and adaptation. Acclimation is the coordinated response the animal develops against a single prolonged environmental stimulus, whereas acclimatization is the response against several simultaneous stressors (e.g., temperature, humidity, etc.) (Collier *et al*., 2019). Acclimation can occur in two stages: acute or short-term and chronic or long-term (Horowitz, 2002).

Acclimation and acclimatization incorporate only phenotypic changes, while adaptation involves animal genetic changes when adverse environments persist for several generations. All these responses help the animal to cope up with the environment. But, when the stress is removed, the acclimation and acclimatization decline gradually (Collier *et al*., 2019). Examples of acclimation include adjustments in feed intake, reproductive activity, and insulation in response to environmental change. "If the environmental stressors are present for prolonged periods of time (e.g., years), these metabolic and physiologic adjustments can become 'fixed genetically', and the animal is considered "adapted" to the environment*"* (Collier *et al*., 2019).

Mitigation strategies to combat climate stress

The top-down (economy-wide measures) and bottom-up (particular mitigation techniques) technologies are available for reducing climate change, and both have the potential to counterbalance or even lower predicted increases in global emissions. There is a

"medium" degree of consensus that agricultural methods in particular might greatly improve soil carbon sinks at cheap cost and simultaneously provide biomass feedstock for energy usage. All sectors have the capacity to contribute. Enhancing livestock and manure management to lower methane emissions and better crop and grazing land management to increase soil carbon storage are examples of mitigation techniques.

Environmental groups actively support raising public knowledge of the links between the use of cattle products, health, and environmental consequences. However, data reveals that, up to a consumption level of around 60 kg of meat and 100 kg of milk per year, demand for meat and milk products demonstrates strong income elasticity. This suggests that cutting back on consumption in emerging nations would be difficult because rising incomes frequently result in greater demand for these goods. The best chances are found when manufacturers are encouraged to become more environmentally conscious. Farmers, especially those in their youth teaching about the potential for more sustainable production forms, yield substantial rewards. One important future goal for global livestock production is to increase the production capacity of certain domestic animal species and breeds using genetic selection techniques. As a result, private farms using a market-oriented strategy will probably produce the majority of livestock in the future. This will require large amounts of high-quality livestock feed, such as concentrates and fodder. The growth of animal output will also be accelerated by offering market-oriented farmers incentives to improve productivity and product quality and by giving them access to loans with longer

grace periods and cheaper interest rates (Getu, 2015).

The mitigation strategies livestock producers can directly adopt include management practices, nutritional approaches, administration of hormones, assisted reproductive technologies (ART), selection of heattolerant breeds, reduction of animal-origin greenhouse gas, etc. These are discussed briefly below.

Housing management: Better management can always reduce the effects of heat stress on animals. Cares should be taken to protect the animals from direct sunlight with the proper use of a shed and housing system (Razdan, 1990). Sprinkling of water or washing can be beneficial for the animals. Several studies have reported an enhancement in production and reproduction after doing physical modifications (Singh *et al*., 2014; Aarif *et al*., 2016; Ghosh *et al*., 2018; Aarif *et al*., 2023).

Nutritional strategies: It is one of the most feasible and rapidly incorporated approaches for amelioration of climatic stresses (Chauhan *et al*., 2021). It includes supplementation of antioxidants, minerals, vitamins, etc., along with providing a balanced diet. Minerals like phosphorus, calcium, selenium, zinc, copper, manganese, cobalt, iodine, potassium etc, are important for the improvement of the reproductive efficiency of animals (Bindari *et al*., 2013). Supplementation of vitamin A, vitamin E and trace minerals like selenium, copper and zinc improve the mammary gland immunity and health particularly in heat stressed condition (Conte *et al*., 2017). As there is a reduction in feed intake at the time of heat stress, the focus should be on providing more concentrate feed to the animals. Feeding of ruminallyprotected fats and proteins are other approaches to reduce metabolic heat production in the animals (Conte *et al*., 2017). It is also recommended that *ad libitum* water be provided to the animals.

Hormonal interventions and assisted reproductive technologies (ART): Heat stress disturbs the endocrinological balance of the reproductive system. Hormonal treatment can be effective in many of the conditions. Appropriate use of GnRH, Progesterone, $PGF2\alpha$ and other hormones can induce estrus in the anestrus animals. Following estrus induction, timed artificial insemination (TAI) can be performed to conceive the animals. The suitable programs for hormonal treatment include sov-synch protocol, cosynch protocol, hybrid-synch protocol, CIRD (Controlled Internal Drug Releasing), PRID (Progesterone Releasing Intravaginal Device), etc (Krishnan *et al*., 2017; Pal and Dar, 2020).

Among the assisted reproductive technologies such as timed-artificial insemination (TAI), superovulation (SOV), ovum pick-up (OPU), in vitro embryo production (IVEP) and timed-embryo transfer (TET) can enhance the reproductive success in domestic animals.

Selection of heat-tolerant breeds: Selective breeding of dairy animals for higher milk production has increased the susceptibility of the animals to environmental stresses. Compared to the exotic breeds or the crossbreds, the indigenous animals have more tolerance to heat stress. They have a higher sweating ability, lightcoloured coats, and large body surface areas. So, it is recommended that the percentage of exotic blood should be determined based on climatic zone, and more emphasis should be given to the indigenous milch breeds like Gir, Sahiwal, Red Sindhi and Tharparkar. Also, genetic marker-based selection of the animals can also help to overcome this challenge.

Reduction of livestock greenhouse gas emission: Nearly 16.5% of global greenhouse gas emissions are contributed by the livestock sector. It consists of 27% carbon dioxide, 29% nitrous oxide and 44% methane. Each of them comes from different factors associated with animal-based food production (Molinaro, 2022). As per a report by the Environmental Protection Agency (EPA), US, in 2019, the livestock sector produced more methane than the petroleum and natural gas sectors combined (The White House Office of Domestic Climate Policy, 2021). It clearly shows the importance of reduction greenhouse gas emission from this sector. Addition of feed supplements (algae, bromoform, polyphenolic substances, essential oils, flavonoids etc), increasing rumination time, genetic selection (on the basis of traits like methane intensity and methane yield) etc are some of the steps that can be taken to reduce the emission of greenhouse gases from domestic animals (Bačeninaite et al., 2022)

Perception of climate change

An effective response to climate change needs both an understanding of people's perspectives and the ability to expand local adaptation efforts into international policies (Ostrom, 2010; Burton *et al*., 2015). "Perception not only shapes knowledge, but knowledge also shapes perception" (Nguyen *et al*., 2016b). In agriculture and livestock sector, farming activities are greatly influenced by local climatic conditions and weather updates. However, farmers' decisions about managing the farm from a climate change perspective are full of uncertainty. They understand the environment in their own way and make decisions accordingly, which

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Fig. 3. The cognitive process: a conceptual framework of perceiving and adapting process (Nguyen *et al***., 2016b; Pasqui and Giuseppe, 2019) (Created in Biorender.com)**

often results in maladaptation due to biasedness (Etkin and Ho, 2007; Mubaya *et al*., 2012). It can eventually make them a victim of the changing scenario and degrade their financial condition (Dono *et al*., 2013). So, in order to fight the problem of climate change, it is important to understand the cognitive processes associated with perceptions of climate change (Pasqui and Giuseppe, 2019). This cognitive process is divided into several phases as follows (Nguyen *et al*., 2016a, b). i. The initial phase involves the farmer gaining knowledge about local environmental conditions through direct observation.

ii. The second phase is achieved when the farmer gains an understanding of the area's economic, professional, social, and cultural context. This understanding is developed through direct experience in their field of operation.

iii. In the third phase, the farmer practices within a specific socioeconomic, social, cultural, and institutional setting. This stage is enhanced by social, scientific, and technological knowledge gained through personal and institutional connections.

iv. The final phase is achieved when decision-making processes are successfully transformed to become more resilient and robust to climate change.

The first two phases are the farmer's adaptation, while the last two phases are the farmer's ability to adapt and change. So, the process of adaptation to climatic change must include "perceiving to learn and to adapt" and "learning to perceive and to adapt" to attain a sustainable goal (Pasqui and Giuseppe, 2019). The process is illustrated in Fig. 3.

Conclusion

It is evident that heat stress affects both the male and female reproductive systems of domestic animals to a great extent. Additionally, climate change particularly the global warming is worsening the situation. This results in loss of production and economic damage to farmers. Though animals try to adapt the condition to some extent, mitigation strategies must be taken to reduce the adverse effects of thermal stress. It includes housing management, nutritional strategies, hormonal interventions, assisted reproductive technologies, selection of heat-tolerant breeds and reduction of livestock greenhouse gas emissions. These will minimize the stress and improve the reproductive health of the animals resulting a better economic condition for the producers.

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